VITA ENAMIC® HYBRID CERAMIC

The simple steps for indication, preparation, bonding and polishing

VITA

VITA Zahnfabrik has developed a dental hybrid ceramic that is unique worldwide:
VITA ENAMIC is the world's first and only tooth-colored hybrid dental ceramic featuring a dual ceramic-polymer network structure. This special material combines enormous load capacity with high elasticity, allowing simple, efficient and precise fabrication of dental restorations.

VITA ENAMIC – Your benefits:

- Gentle and substance-preserving preparation, as restorations can be ground very precisely and thinly.[7-12]
- Wide indication range from table tops to non-prep veneers.[8,9,15]
- Load capacity and elasticity that resembles natural teeth.[1,4,5,6,14]
- Superior esthetics with integrated natural shade gradient.[13]
- Antagonist-friendly and similar to enamel.[14]
- Especially suitable on implants, as the innovative hybrid material absorbs occlusal forces.[1,2,3,11]

For references see back cover

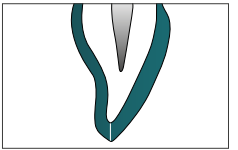
Overview of indications		Recommended materials
Anterior and posterior crowns on implants		**VITA ENAMIC HT**[1] **VITA ENAMIC HT multiColor**[2]
Anterior and posterior crowns		**VITA ENAMIC HT**[1] **VITA ENAMIC HT multiColor**[2]
Inlays / Onlays / Partial crowns		**VITA ENAMIC ST**[3]
Table tops		**VITA ENAMIC ST**[3]
Veneers		**VITA ENAMIC HT**[1] **VITA ENAMIC HT multiColor**[2]

Contraindication

- Bridge restorations
- Free-end restorations
- Parafunction (for example, bruxism)

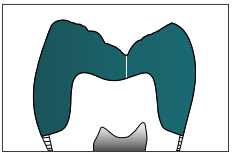
[1] high translucent material
[2] for particularly high esthetic requirements
[3] super translucent material type with distinctive chameleon effect

To ensure clinical success of restorations made from VITA ENAMIC, the following minimum layer thicknesses must be adhered to:



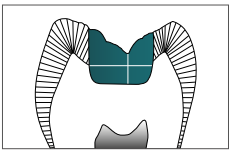
Anterior crowns

Incisal: **at least 1.0 mm**
Circumferential: **at least 0.8 mm**



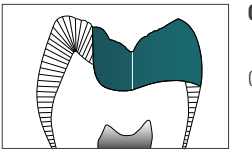
Posterior crowns

Occlusal: **at least 1.0 mm**
Circumferential: **at least 0.8 mm**



Inlays

Occlusal: **at least 1.0 mm**
Isthmus area: **at least 1.0 mm**



Onlays

Occlusal: **at least 1.0 mm**

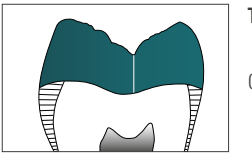
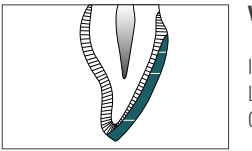


Table tops

Occlusal: **at least 1.0 mm**



Veneers

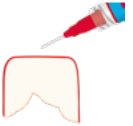
Incisal: **at least 0.3 mm**
Labial: **at least 0.3 mm**
Cervical: **at least 0.2 mm**

VITA ENAMIC is available in matched VITA SYSTEM 3D-MASTER shades, which is the only tooth shade system available on the market that takes all three color dimensions into account, and integrates them into a systematic classification principle for shade determination and shade reproduction.

Variations	Chromaticity	0M1	1M1	1M2	2M1	2M2	2M3	3M1	3M2	3M3	4M2
VITA ENAMIC ST (Super Translucent)	monochromatic										
VITA ENAMIC HT (High Translucent)	monochromatic										
VITA ENAMIC T (Translucent)	monochromatic										
VITA ENAMIC HT multiColor (High Translucent)	multichromatic										

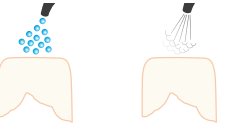
Conditioning the restoration

Etching



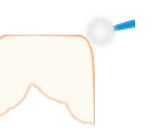
Etch with 5% hydrofluoric acid (e.g., VITA ADIVA CERA ETCH) for 60 seconds.

Clean spraying/drying



Completely remove any remaining acid by using water spray (60 sec.) or clean in the ultrasonic bath.
Then dry for 20 sec.

Silanizing



Apply silane (e.g., VITA ADIVA C-PRIME) to the etched surfaces. Allow to evaporate completely.

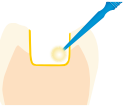
Conditioning the tooth

Etching

Etch the tooth substance with 37% phosphoric acid gel (e.g., VITA ADIVA TOOTH-ETCH) for 20 sec.

Clean spraying/drying

Bonding



Apply bonding system to the tooth substance (e.g., VITA ADIVA T-BOND). Please observe the relevant instructions for use!

Application of bonding composite Light curing

Apply luting composite, e.g. VITA ADIVA F-CEM.

For details, see VITA ENAMIC Working Instructions, Print No. 1982.

Adhesive technique	bonding composite	Crown	Inlay/Onlay/Partial crown/Table top	Veneer
Conventional with adhesive system	Bonding composite with adhesive system: e.g., VITA ADIVA F-CEM with VITA ADIVA T-BOND	●	●	●
Self-adhesive	Self-adhesive bonding composite: e.g., VITA ADIVA S-CEM	●	–	–

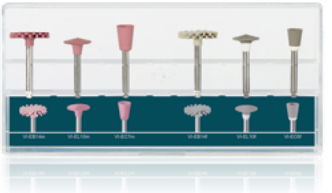
Other recommended bonding systems

- Variolink Esthetic (Ivoclar Vivadent), Vitique (DMG)
- NX3 (KerrHawe), Calibra Ceram (DENTSPLY), RelyX Ultimate (3M ESPE), Bifix QM (VOCO)
- PANAVIA F2.0/PANAVIA V5 (Kuraray), DuoCem (Coltène/Whaledent)

Manual reworking

Use only diamond-coated milling tools or special polishers. When intraorally reworking, use water and exert only slight pressure.Special two-stage polishing assortments were developed for intraoral and extraoral polishing.
The use of these assortments allows for successful high-gloss polishing:

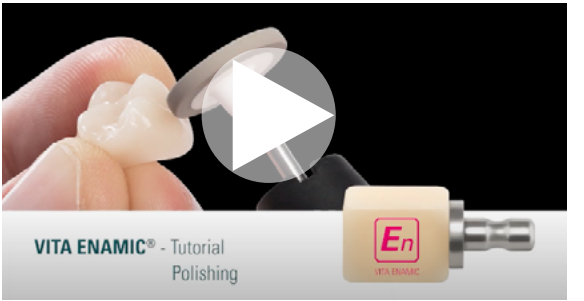
VITA ENAMIC Polishing Set clinical
First step: prepolishing ↻ 7,000 - 10,000 rpm
Second step: high-gloss ↻ 5,000 - 8,000 rpm



VITA ENAMIC Polishing Set technical
First step: prepolishing ↻ 7,000 - 10,000 rpm
Second step: high-gloss ↻ 5,000 - 8,000 rpm

Additionally, a goat hair brush and diamond polishing paste can be used for final high-gloss polishing.
Then repolish with a dry cotton buff.

Polishing tutorial, see next page


VITA ENAMIC® - Tutorial
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