# The safe way to clean dentures



Date of issue 2021-08



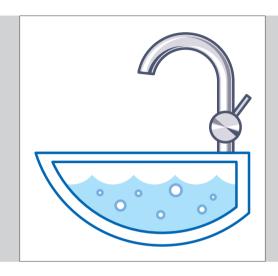
#### **Dear Patient.**

Today you received your new dentures from us — many thanks for your trust!

Your dentures have been custom made for you. Thanks to the high esthetics of VITA prosthetic teeth, your dentures will support your natural smile for years to come. You will enjoy **outstanding functionality** and **extraordinary oral comfort**.

To ensure that you enjoy your dentures for as long as possible, as well as to protect your health, we would like to give you a few instructions on caring for your dentures. If you have any further questions, please don't hesitate to contact us. You will find our contact information on the back of this brochure.

#### First cleaning step: rinsing



To protect against deposits and to prevent infection, please rinse your dentures thoroughly under running water in the morning and the evening.

In order to protect your dentures, we recommend cleaning them in a sink filled with water. Alternatively you can place a towel at the bottom of the sink

### Second cleaning step: cleaning and brushing

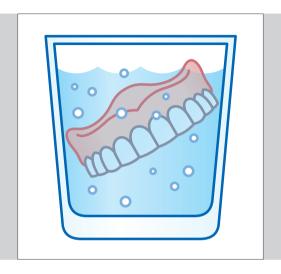


Next, clean your dentures in your hand **with a soft brush**. Manual toothbrushes or toothbrushes especially made for dentures with **nylon bristles** are ideal.

**Important**: please take care to brush **each and every tooth carefully**, and pay particular attention to the **gaps between the teeth** and all places in which there is contact to your gums or natural teeth.

Please use warm water for cleaning and a toothpaste WITHOUT abrasive particles.

#### Third cleaning step: soaking



Rinse your dentures thoroughly again after cleaning with cold water, and for deep cleaning put them in a sufficiently large container filled with water.

If deposits begin to appear despite regular cleaning, you can make use of an ultrasonic cleaning instrument. Please speak with your dentist about this. Additionally a 10-minute soak in a  $5-10\,\%$  vinegar solution is also possible. In order to guarantee that your dentures with VITA teeth have a long life, we recommend that you do not use cleaning tablets or solutions, which can be quite aggressive, and observe the cleaning instructions provided here.

#### Fourth cleaning step: rinsing off



**Before you wear your dentures**, rinse them off thoroughly under **running water**.

Regular cleaning and check-ups by your dentist will ensure that your dentures retain their high quality for a long time. In addition, following these instructions can help protect your health and avoid possible repair costs.

We hope you always have a good bite!



A friendly recommendation from your dentist / dental technician

## We are happy to support you!



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