VITA

VITA YZ® ZIRCONIA

The essentials for indication, preparation, bonding and polishing

Product	Details
	**VITA YZ®** MULTI TRANSLUCENT The latest generation of premium zirconia (4Y-TZP cervical, 5Y-TZP incisal) combines the highest flexural strength with a natural shade and translucency gradient.
	**VITA YZ®** XT^{Multicolor} – **extra translucent ZrO_2 blanks** VITA YZ XT Multicolor impresses with its high translucency (50%) and good flexural strength.
	**VITA YZ®** ST^{Multicolor} – **super translucent ZrO_2-blanks** VITA YZ ST Multicolor stands out, thanks to its consistently high strength of 1,200 MPa and impressive esthetics. The super translucent material offers a translucency of 46%.
	**VITA YZ®** HT – **highly translucent ZrO_2 blanks** The VITA YZ HT are highly translucent ZrO2 blanks for natural, individual, fully veneered substructures.

VITA YZ ZIRCONIA offers remarkable strength and exceptional esthetics for reliable restorations. VITA YZ materials enable the precise and accurate shade production of fully / partially veneered and monolithic restorations. Discover the advantages.

- High shade accuracy and vivid chroma for exceptional esthetics [1-4]
- Proven long-term clinical stability and biocompatibility [5-7]
- High strength for the reliable restoration of teeth and implants [8-10]
- Easy and reliable polishing [11]
- Tested material structure for reliable processing, veneering and integration [12-18]
- Precise, outstanding fit [19, 20]
- Restoration that preserves the tooth structure, thanks to reduced wall thickness [21-23]

Dental technical workflow

Shade determination → CAD/CAM process → Sintering → Individualization → Characterization → **Polishing** → **Luting**

Our product recommendations

Digital shade determination
- VITA Easyshade V
- VITA Easyshade LITE

Visual shade determination
- VITA classical A1-D4 shade guide
- VITA Toothguide 3D-MASTER

Polishing instruments
- VITA CERAMICS Polishing Set clinical
- VITA CERAMICS Polishing Set technical

Polishing paste
- VITA Polish Cera

Self-adhesive
- VITA ADIVA SELF-ADHESIVE
- RelyX Unicem 2 (3M ESPE)

Fully adhesive
- VITA ADIVA FULL-ADHESIVE
- VITA ADIVA IA-CEM, ultra opaque
- Multilink Automix (Ivoclar Vivadent)
- Panavia V5 (Kuraray)

Glass ionomers
- Ketac CEM (3M ESPE)
- Vivaglass CEM (Ivoclar Vivadent)
- GC Fuji I (GC Dental)

Indication	**VITA YZ®** MULTI TRANSLUCENT	**VITA YZ®** XT Extra Translucent	**VITA YZ®** ST Super Translucent	**VITA YZ®** HT High Translucent
	●	●	●	○
	●	●	●	○
	●	●	●	○
	●	●	●	○
	●	×	●	○
	●	●	●	○
	●	●	●	○
	●	×	●	○
	●	×	●	●
	○	○	○	●
	○	○	○	●
	○	×	○	●
	○	○	○	●
	○	○	○	●
	○	×	○	●

● recommended ○ possible × not possible

	VITA YZ® MULTI TRANSLUCENT	**VITA YZ®** XT Multicolor	**VITA YZ®** ST Multicolor
Bending strength **Translucency** **Yttrium content**	cervical: 1200 MPa, incisal: 850 MPa cervical: 46%, incisal: 50% cervical: 4Y-TZP, incisal: 5Y-TZP	850 MPa 50 % 5Y-TZP	1200 MPa 46% 4Y-TZP
Speed sintering	50 minutes	-	in less than 60 min.
Geometries	Ø 98.4 mm	Ø 98.4 mm	Ø 98.4 mm
Heights	14, 18, 22, 25 mm	14, 18, 22 mm	14, 18, 22, 25 mm
Stains	All VITA classical A1-D4 shades, three Bleach shades (0M1, 0M2, 0M3)	A1, A2, A3, A3.5, B2, C2, D2	All VITA classical A1-D4 shades, VITA SYSTEM 3D-MASTER shades: 0M1, 0M2, 0M3, 1M1, 1M2, 2M1, 2M2, 3M1, 3M2, 4M1, 4M2
Esthetic level	*****	****	****
Range of indications	*****	**	****
Technology	Multi-gradient technology**	Shade-gradient technology***	Shade-gradient technology***

* Detailed information on the Zirconia Color Portfolio can be found in brochure 10829 or on our website.

** Continuously harmonious shade transitions and natural translucency gradient from the neck to the highly translucent incisal area.

*** Seamless shade transitions, from the neck to the translucent incisal area.

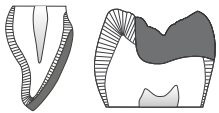
To ensure clinical success of restorations made from VITA YZ XT, the following minimum layer thicknesses must be adhered to:

Anterior / posterior crowns (fully anatomical or substructure)

Incisal:	0.8 mm
Occlusal:	0.8 mm
Circumferential:	0.7 mm

Inlays / Onlays / Veneers

Incisal:	0.8 mm
Occlusal:	0.8 mm
Circumferential:	0.7 mm



Fully anatomical anterior bridges and substructures with one pontic

Incisal:	1.0 mm
Circumferential:	0.8 mm
Connector cross-sections:	9.0 mm^2

Fully anatomical posterior bridges and substructures with one pontic

Occlusal:	1.2 mm
Circumferential:	1.0 mm
Connector cross-sections:	12.0 mm^2

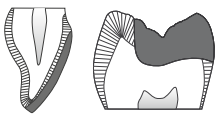
To ensure the clinical success of restorations made from VITA YZ MULTI TRANSLUCENT und VITA YZ ST, the following minimum layer thicknesses must be observed:

Anterior / posterior crowns (fully anatomical or substructure)

Incisal:	0.6 mm
Occlusal:	0.6 mm
Circumferential:	0.5 mm

Inlays / Onlays / Veneers

Incisal:	0.6 mm
Occlusal:	0.6 mm
Circumferential:	0.5 mm



Fully anatomical anterior bridges and substructures with one pontic

Incisal:	0.6 mm
Circumferential:	0.6 mm
Connector cross-sections:	9.0 mm^2

Fully anatomical posterior bridges and substructures with one pontic

Occlusal:	0.7 mm
Circumferential:	0.6 mm
Connector cross-sections:	12.0 mm^2

Fully anatomical anterior bridges and substructures with two pontics

Incisal:	0.8 mm
Circumferential:	0.6 mm
Connector cross-sections:	12.0 mm^2

Fully anatomical posterior bridges and substructures with two pontics

Occlusal:	0.8 mm
Circumferential:	0.6 mm
Connector cross-sections:	15.0 mm^2

To ensure clinical success of restorations made from VITA YZ HT, the following minimum layer thicknesses must be observed:

Anterior / posterior crowns (fully anatomical or substructure)

Incisal:	0.5 mm
Occlusal:	0.5 mm
Circumferential:	0.4 mm

Fully anatomical anterior bridges and substructures with one pontic

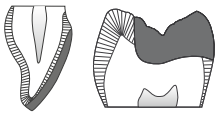
Incisal:	0.5 mm
Circumferential:	0.5 mm
Connector cross-sections:	7.0 mm^2

Fully anatomical anterior bridges and substructures with two pontics

Incisal:	0.6 mm
Circumferential:	0.5 mm
Connector cross-sections:	9.0 mm^2

Inlays / Onlays / Veneers

Incisal:	0.5 mm
Occlusal:	0.5 mm
Circumferential:	0.4 mm



Fully anatomical posterior bridges and substructures with one pontic

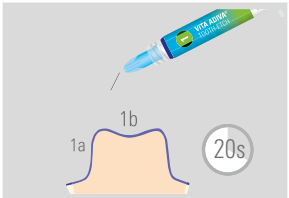
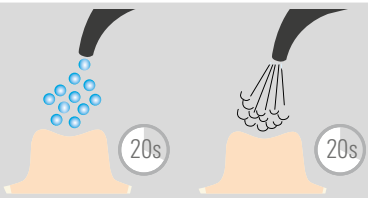
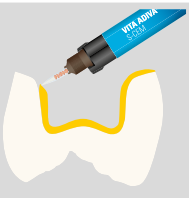
Occlusal:	0.6 mm
Circumferential:	0.5 mm
Connector cross-sections:	9.0 mm^2

Fully anatomical posterior bridges and substructures with two pontics

Occlusal:	0.7 mm
Circumferential:	0.6 mm
Connector cross-sections:	12.0 mm^2

The polishing of the occlusal surface, especially the areas that are in direct contact with the antagonist, is particularly important in monolithic restorations.

Preparation	Prepolishing	High luster finish	Final high-gloss polishing
• Grind zirconia wet	**Speed:** 7,000 - 12,000 rpm diamond-coated polishing instruments, pink	**Speed:** 4,000 - 8,000 rpm diamond-coated polishing instruments, grey	**Speed:** 5,000 - 10,000 rpm Dry cotton buff. Note: Maintain the recommended speed and work with moderate contact pressure to avoid excessive heat development **VITA Polish Cera:** Apply polishing paste using a soft goat hair or bison polishing brush. It is very suitable in conjunction with the polishing instruments of the VITA CERAMICS Polishing Sets clinical and technical.

Etching	**Clean spraying/drying**	**Application of bonding composite Light curing**
		
Etch the tooth substance with 37% phosphoric acid gel, e.g., VITA ADIVA TOOTH-ETCH, for 20 sec.		Bonding, e.g., with self-adhesive composite VITA ADIVA S-CEM.

* Self-adhesive bonding is the standard method for zironia.
Full-adhesive bonding is also possible according to your personal preference.
More information on bonding of VITA YZ restorations can be found at www.vita-zahnfabrik.com/adiva

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