

Patient information:

The safe way to clean dentures

Dear Patient,

Today you received your new dentures from us – thank you for trusting us with your care! Your dentures have been custom-made just for you to provide a natural-looking smile and a comfortable fit. To help you enjoy your dentures for as long as possible while maintaining good oral health, please follow the care instructions below.

Daily cleaning – Step-by-Step:

1. Rinse

Clean your dentures thoroughly in the morning and at night under lukewarm running water. Here's how to remove food residue and prevent buildup.

👉 **Tip:** It's best to clean your dentures over a sink filled with water or by first placing a towel in the sink. This protects your dentures in case you accidentally drop them while cleaning.



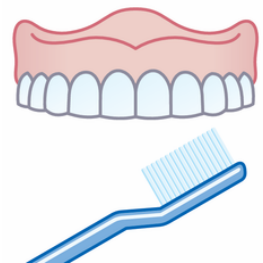
2. Gentle cleaning

Then carefully clean the dentures

- Using a soft toothbrush and
- Liquid soap or dish soap

Then rinse the dentures thoroughly. Pay special attention to:

- Spaces between the teeth
- Transition areas to the gums
- Hard-to-reach areas



3. Deep cleaning

After the daily cleaning routine, we recommend storing your dentures in a glass of lukewarm water (without using a cleaning tablet). This helps keep your dentures moist, preserving their material properties and preventing brittleness.



4. Before use

Rinse the dentures thoroughly again under running water before inserting them.





What to avoid

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To ensure your dentures last a long time, please note the following:

- Hard toothbrushes – may damage the surface
- Toothpaste with abrasive particles— can cause scratches
- Whitening toothpaste – makes the surface dull
- Very hot or boiling water – can cause the dentures to warp
- Harsh cleaning agents (e.g., acids or solvents) - may damage the surface
- Improper handling – avoid dropping the dentures, especially into hard sinks

👉 Tip: Always clean your dentures on a soft surface (over water or a towel).

Important information on use

- Clean your dentures daily and regularly
- If possible, give them a quick rinse after meals as well
- Store your dentures in water when you are not wearing them
- If you notice any changes (e.g., poor fit, discomfort), contact your dentist

Note on Flexible Partial Dentures

Before inserting:

Soak your dentures in warm water (max. 40°C/104°F) for up to five minutes.

This makes it easier to insert and protects the clips.



Regular cleanings and checkups by your dentist play a key role in maintaining the function and esthetics of your dentures over the long term.

We hope you enjoy your new smile and a comfortable fit for years to come!

10208E-0726_V04

Your contact

A friendly recommendation from your dentist / dental



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